



Summer workshops with Tanner

Balance Training

For all ages

Saturday, June 15

9-10:30a

*1.5 hours focused on developing balance. Includes standing balance, arm balancing, head stands, and more.

Perfecting the back handspring/back tuck

45 minutes each dedicated to improving the back handspring & back tuck, going over techniques and variations.

Saturday, June 15

Back handspring 10:30-11:15a

Back tuck 11:15-noon

Please fill out and include payment by June 12, 2019 (mail or drop off)

Student Name _____

Class/Day/Time/Fee _____

Parent Signature/Contact Number/Email _____

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